

SCHOOL DISTRICT #60 (PEACE RIVER NORTH)
COMMITTEE OF THE WHOLE
“REGULAR” MEETING MINUTES

MONDAY, JUNE 7, 2021
1:30 P.M.

Present: Helen Gilbert, Chair, Board of Education
Madeleine Lehmann, Vice-Chair
Ida Campbell, Trustee
Erin Evans, Trustee (*via Zoom*)
Nicole Gilliss, Trustee
David Scott-Moncrieff, Trustee
Bill Snow, Trustee

Stephen Petrucci, Superintendent
Angela Telford, Secretary Treasurer
Leah Reimer, Recording Secretary

Guests: Michele Wiebe, PRNTA President

Regrets:

Education

Education Update

Stephen Petrucci, Superintendent

Framework Presentations

Taylor Elementary School (1:30 – 2:15 p.m.)

Craig Brownlee, Administrator

- Fielded follow up questions from trustees

Baldonnel Elementary School (2:15 – 3:00 p.m.)

Christine Todd, Administrator

- Fielded follow up questions from trustees

Social Emotional Learning Initiatives (3:00 – 3:30 p.m.)

Carleen Andrews, Director of Instruction

- Fielded follow up questions from trustees

Governance

Schedule of Board of Trustees Meeting – Edit

Helen Gilbert, Board Chair

ACTION: Change Monday February 21, 2022 meeting date to Tuesday, February 22, 2022

Joint District Meeting Update

Helen Gilbert, Board Chair

- Sent an email to SD #59 & #81 regarding a virtual meeting
- Suggested meeting later in the week after June 15 or the following week, waiting to see if there would be any change in COVID guidelines
- Agenda item: Cleaning protocols in COVID recovery

ACTION: Helen will reach out to confirm dates

- Have not heard back from the Northern Lights College yet on setting up a meeting

CSBA Equity & Inclusion Virtual Conference

- Registration would be a flat rate of \$1,000 which is based on number of students in our district
- Trustees could attend any sessions they would like. Also would be open to district staff
- Some trustees expressed a possible interest

ACTION: Helen will look into registration and times in more detail

Deputy Minister's Bulletin re: Policy Changes

Helen Gilbert, Board Chair

- Implications for policy and audit committees
- Early work looked at accumulated surplus policy and having to implement a percentage. In a smaller district, it didn't allow them to save for a larger project
- There is guidance and practices that are encouraged in this policy. There are guiding principles and not a set percentage
- For a long time, Ministry has suggested that surplus money for districts had to be used. With this policy, it's clear boards can save money to meet certain goals. It won't be looked at by Treasury Board that the districts have money (ie. a rainy day fund), so it has to be used
- Work continues to be done

Human Resources

Retirement Appreciation Update

Helen Gilbert, Board Chair

- Continued to have retirees added and implemented a June 1 deadline date for acknowledgement of retirement for this school year
- Additional baskets had to be purchased
- The sense from those who had baskets delivered or picked up was that they were appreciated
- Have placed an order with Norbert's Greenhouse for next year to ensure supply
- Is there something we could do for all of our staff to thank them for hanging in there during a difficult year (ie. coffee for schools, baked goods, etc.). Trustees agreed

ACTION: Helen will look into further and keep trustees up to date by email

Trustee Evans left the meeting @ 2:47 p.m.

Operations

Operations Report

Angela Telford, Secretary-Treasurer

- Funding for Bert Bowes Secondary playground is being funded out of the principal's trust account
- No update from Ministry in regards to the Wonowon school replacement
- Ministry reached out regarding the Upper Halfway build, inquiring if there was district monies that could be put towards the project. The response was no...haven't heard anything further.
ACTION: Angela to communicate with the Upper Halfway First Nation band with an update
- Wonowon School water – discussion around supply costs, mineral content and water that is brought in versus well water
ACTION: Angela will look into Wonowon water details and bring back to the Board
- Concerns from a few schools regarding the heat being on at the school during plus 20 days
ACTION: Angela will look into this further
- Paving of the Bert Ambrose parking lot is being paid for out of AFG funding. City is paving road in front of school this summer

***NEW Audit Committee Meeting on June 17, 2021 @ 12:00 p.m.**

- There will be a detailed budget review
- All trustees are welcome to attend

"Together We Learn"

Taylor Elementary School Framework

For Enhanced Student Learning

2020-2021

"Positive Attitudes Will Succeed"



2020-21 a very unique year

Cohorts

Health Checks

Masks

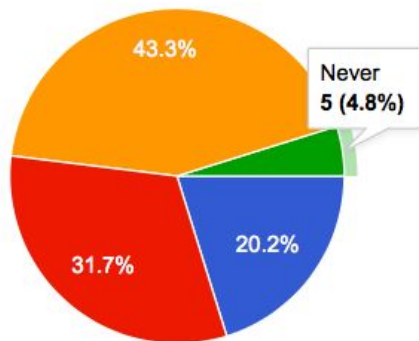
Staggered lunch and Recess

Lack of social connection outside of classroom

Our focus was on
how to best stay
connected to each
other and keep/
build a sense of
community

I am happy at school

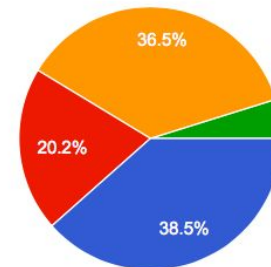
104 responses



I feel accepted and welcomed at school for whom I am

104 responses

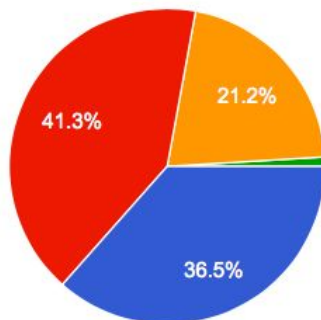
- Always
- Most of the time
- Sometimes
- Never



- Always
- Most of the time
- Sometimes
- Never

I feel safe at school

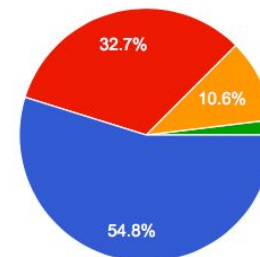
104 responses



I try very hard at school

104 responses

- Always
- Most of the time
- Sometimes
- Never



- Always
- Most of the time
- Sometimes
- Never



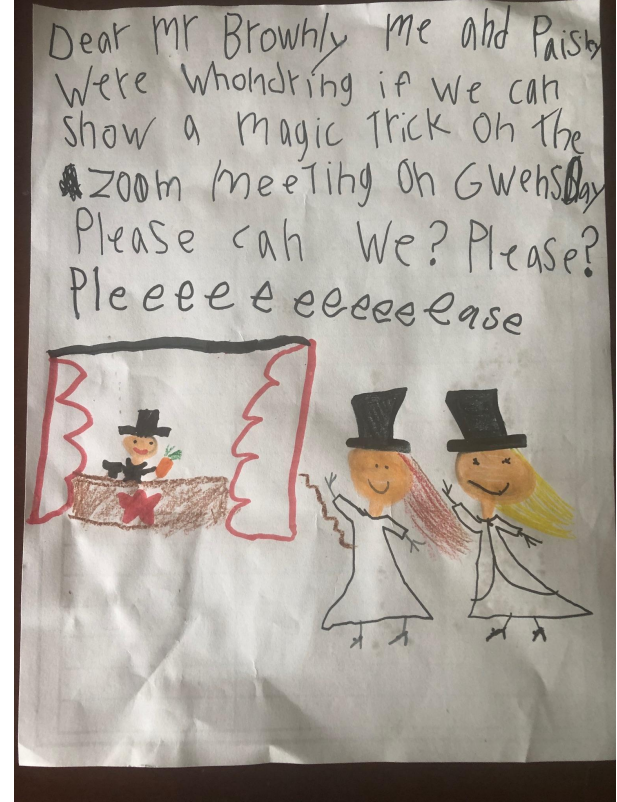
Love
Respect
Honesty
Courage
Wisdom
Humility
Truth

A Monthly focus



The Daily Zoom and Quiz Breakers

- Birthdays
- Celebrations
- Monthly Focus
- Student work
- Helping students needing that stage
- Connecting staff
- Continuing past practices
- A platform for the big events BHM, Pink Shirt Day, Orange Shirt Day etc.

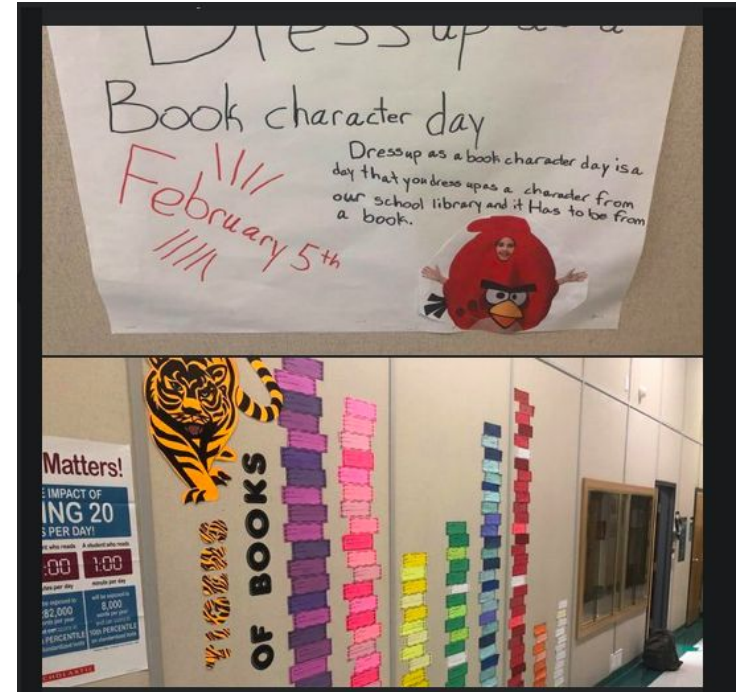


Improving Reading

Increased ability to do **Guided Reading** through EA and teacher supports from Learning Support Fund

03	QCA3		2	2
03			3	2
03	QCA3		*1	*1
03			2	1
03			2	PM 15-19
03			3	2
03	< QCA3 (PM)		PM < 15	PM < 15
03	QCA3		3	1
03	QCA3		2	2
03			1	PM < 15
03			4	2
03	QCA3		3	2
03			2	2
03			3	3
03			3	3
03	< QCA3 (PM)		PM < 15	PM < 15
03			3	4
03			2	2
04			4	2
04			1	PM < 15

Library Reading Challenge-
Most Success ever!



Recent FSA

9 On Track

5 Emerging

Fall MAP

70% Proficient

Most excited still about

Mathletics

Students
love it!

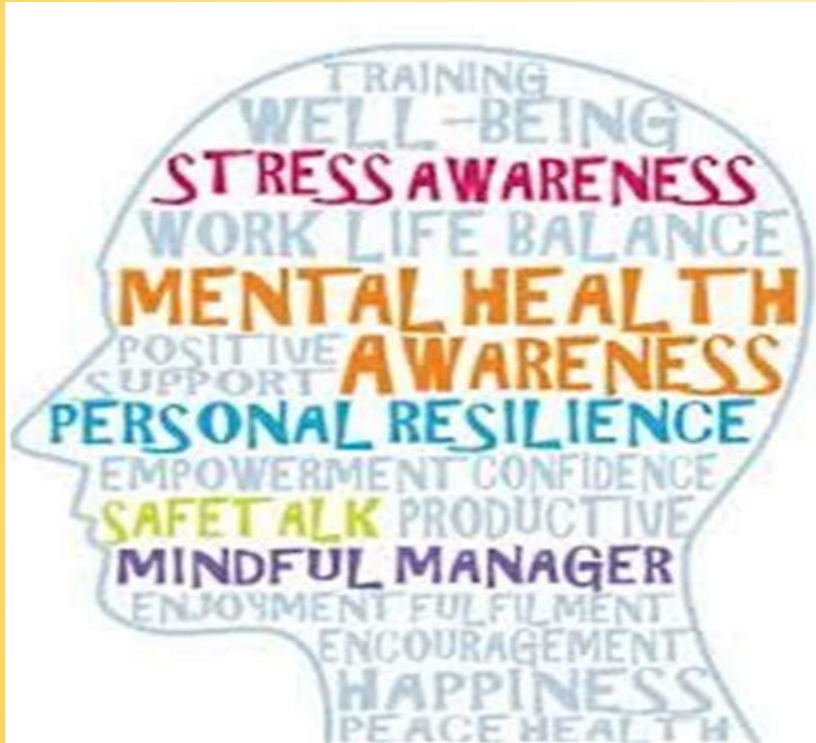


We use Mathletics grades 1-6

Je aa haanach'e
Acknowledgement of Traditional Territory
We're grateful to be learning and working on the traditional territory of the
Dane-zaa



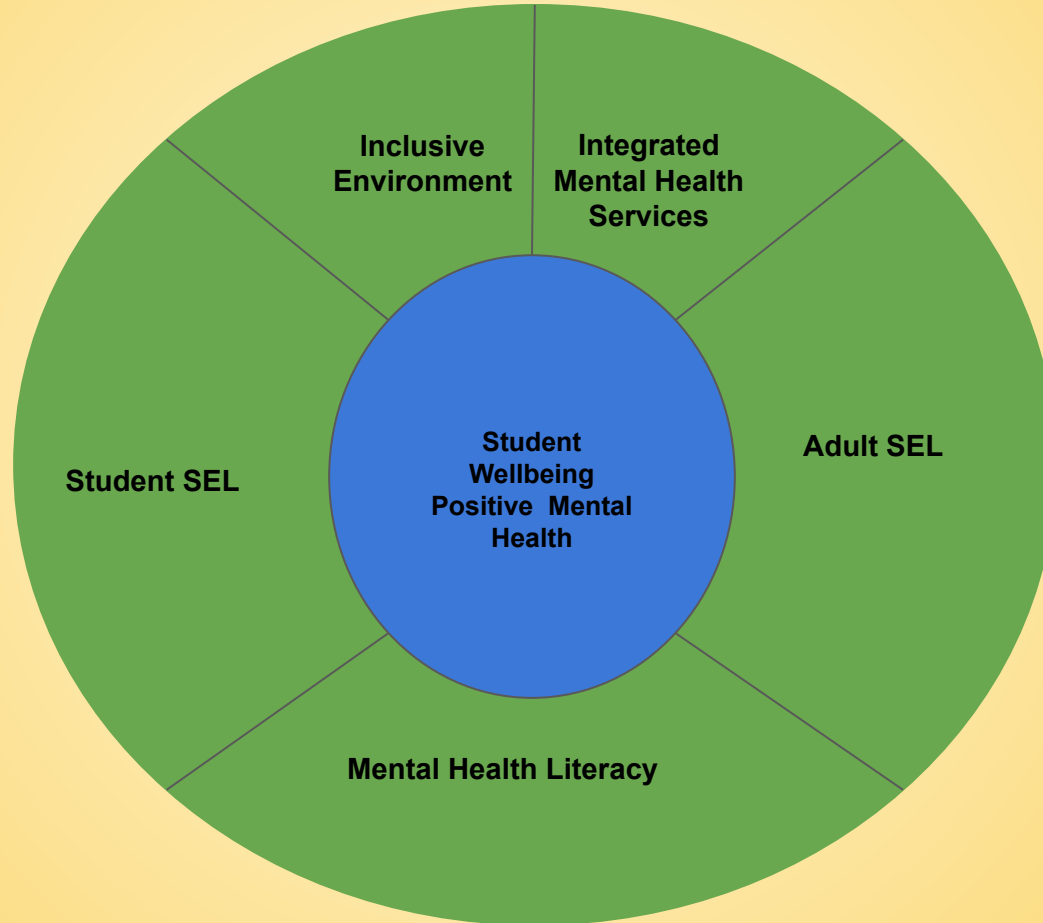
Mental Health Wellness and Social Emotional Learning 2020/2021 School Year



Shape of the Presentation

- SD 60 Mental Health Wellness/SEL Framework
- 2020/2021 SEL/Mental Health Wellness Initiatives
- Looking Ahead to Next Year

SD 60 Mental Health/SEL Framework



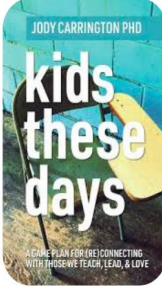
SD60 District SEL Team

- Erin Schaubel/Amy Te bulte
- Brenda Birley
- Crystal Anielwicz

Social Emotional Learning and Mental Health Focus

- Our focus for support of Social Emotional Learning and Mental Health in Schools has varied from individual to school wide support.
- We have grounded to research that indicates supporting teachers in their own SEL wellness, ultimately results in student wellness.
- When teachers develop their own self awareness and social emotional strategies, they ultimately positively affect students in these areas as well.
- Giving teachers access to collaboration and mental health literacy training results in positive wellness for both teachers and students.

Social Emotional Learning



JODY CARRINGTON PHD

kids these days

A GAME PLAN FOR RECONNECTING WITH THOSE WE TEACH, LEAD, & LOVE

Taking Expressions of Interest

Sign up here: <https://www.edcan.ca/expressions-of-interest/> or search google docs: Kids these days - expressions of interest

Cost: \$0

Commitment:

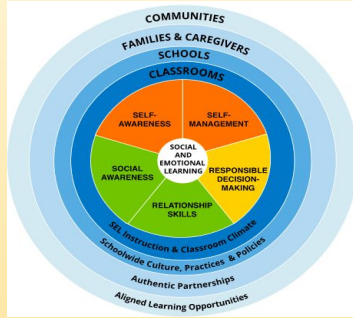
- To meet once a week, for 8 weeks, (till end of Apr- see sign up for specifics)
- Read book/view course materials prior to meeting.
- Bring learning back to your school community

BOOK CLUB/COURSE

KIDS THESE DAYS. A GAME PLAN FOR RECONNECTING WITH THOSE WE TEACH, LEAD AND LOVE. BY DR. JODY CARRINGTON

SD60 is looking for expressions of interest for participation in an online book club/course. Dr. Jody Carrington's book and corresponding online video sessions are an inspirational look at how schools and educators are such a vital connection point to support the kids that we teach and support.

For more information about the book, check out: <http://www.drjodycarrington.com/kids-these-days-2/>



- Teachers from multiple schools have accessed collaboration and coaching. This has resulted in SEL strategies, practices and curriculum implementation.
- Teachers were given the opportunity to engage in a book study on Dr. Jody Carrington's book "Kids these days, a game plan for reconnecting with those we teach, lead and love."
- At the school level, we have focussed on supporting schools in their ongoing SEL inquiry and implementation of curriculum. Schools were guided through the CASEL school assessment, and encouraged to choose a focus area to improve through the inquiry process.
- At the district level, we have focussed on deepening the understanding of SEL, with professional development for administrators, teachers and support staff. Further, SD60 staff now have access to EDCAN.ca as a means for furthering individual and school SEL development.

What are the Indicators of Schoolwide SEL?

When fully implemented, schoolwide SEL is evidenced in 10 areas:

SEL Instruction	Supportive Discipline
Academics	Integrated Supports
Youth Voice	Family Partnerships
Classroom Climate	Community Partnerships
Adult SEL	Continuous Improvement

Learn more: <https://schoolguide.casel.org>



SEL & Alternate Education



Brenda Birley continues to work with NPSS, DK & Bert Bowes around the creation of a grounding document that would provide a district framework for Alternate Education (contextualized to the needs of the specific school community but grounding to RTI/SBTM) Alternate Education Survey.

Letter sent out to Administrators:

https://docs.google.com/document/d/1MXWVV2SY29NwP50Jt3oIr9cNjhoOD5Kh_Y1Ew6aZ2Og/edit?ts=607dd942

- Staff Survey (NPSS, DK and BB)
- Student Survey (NPSS & DK)
- District Itinerant Survey
- Community Partners Survey

Brenda has been meeting in small focus groups

- Meeting with the school admin.
- Student Talking Circles with NPSS & DK
- Meeting with Alternate Program staff (NPSS & DK)

SEL - Parenting Series



ONLINE Monthly Parenting Seminars

FREE

Peace
positive
parenting
Initiative

Whether you are parents, guardians, grandparents, foster parents, or other types of supports for children, you are welcome to attend our monthly zoom sessions.

The topics covered are applicable to any age children living at home.

When:

The **3rd Wednesday** of each month
from October-May
(excluding December and March)

6:00-7:00pm

*With time afterwards for
discussion/support/questions*

*October 21st, November 18th,
January 20th, February 17th,
April 21st, May 19th*

Where:

Online Zoom session can be
accessed on any device. **Link will
be provided upon registration**

Topics Covered:

October – Caring for Yourself While
Caring for Others

November – Talking with Your Child,
Not at Them

January – Navigating Behaviour using
DBT

February – Understanding Anxiety and
Supporting within the Family

April – Prevention Strategies for
Challenging Behaviour

May – Diversity within Identity
Development

LIMITED SPACE

EMAIL TO REGISTER

Whether you would like to register for all sessions or only
specific topics, email Crystal Anielewicz to reserve your spot
and receive the Zoom link.

canielewicz@prn.bc.ca

Hosted by School District 60

And Community Contributors



- Monthly seminars offered throughout the year
- Facilitated by SD60 counsellor and community counsellor(s)

Parenting Series - Continued

DBT Skills Parent Series

A School District 60 Initiative

Emotional Regulation, Distress Tolerance, Mindfulness, Communication Skills



This four part series will give parents an introduction to Emotional Regulation, Distress Tolerance, Mindfulness and Positive Communication - the four components of the DBT in Schools Program.

The curriculum was developed to teach practical skills to help children and teens cope with stress, to solve problems effectively, and to build healthy relationships. Participants will have the opportunity to learn, practice and share new skills.

Co Facilitators: Brenda Birley and Kari Fortais

Dates: This is a 4 session series held April 12, 19, 26 and May 3.

Times: 7:00 - 8:00pm

Location: Zoom

Target Audience: Parents, Maximum enrollment of 15.

Register: Email bbirley@prn.bc.ca

- Dialectical Behavioural Therapy (DBT) is a cognitive behavioural therapy that is used by mental health practitioners and has proven very effective in helping individuals manage difficult emotions and emotional situations, cope with stress, and make better decision to improve quality of life especially as it pertains to mental health wellness.
- A non-clinical application of DBT skills has been developed for use in schools (and with parents) around teaching social/emotional skills (mindfulness, distress tolerance, emotion regulation and interpersonal skills).
- Brenda offered two DBT parenting series this year (4 session in the series).

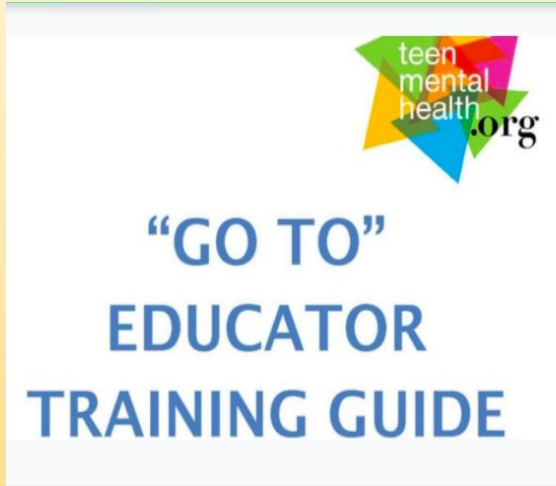
Topics or aspects parents found most interesting and/or useful

- Emotional regulation - calming and soothing to manage emotions
- Mindfulness - being in the moment, a variety of mindful activities (not just breathing and meditation) schedule even a small amount of time to be mindful rather than multitasking
- Positive communication - how to STOP before speaking through emotion, how to really listen, how to be direct without buying into an argument
- Distress tolerance - sit with emotion rather than trying to fix it, support kids while they learn to deal with difficult situations
- Relationship between the brain and emotions, what is happening

Recommendations from participants for improvement

- More sessions, longer sessions, more time to process and discuss information
- Support to implement new knowledge, practice time
- Work books

Mental Health Literacy



[Go-To Educator Professional Learning](https://youtu.be/VqZE3cgXo58)

<https://youtu.be/VqZE3cgXo58>

- This year, we have focused on aligning all the schools, that have grade 8 students, with the Mental Health Literacy training and curriculum implementation.
- We have now trained all of next years grade 8 teachers on the one day “Go to Educator” training. This will be followed up by a curriculum implementation day in September and continued support throughout the 2021-22 school year.

Staff Wellness

Caring For Yourself While Caring For Others:
Navigating SELF-care during COVID times

Our current landscape can be challenging to navigate right now and it can be tricky knowing where to start to foster the balance between work and home. Social Emotional Learning (SEL) is promoted in our classrooms and schools for students, but it is a focus area that can be extremely beneficial when we incorporate it into our own daily life.



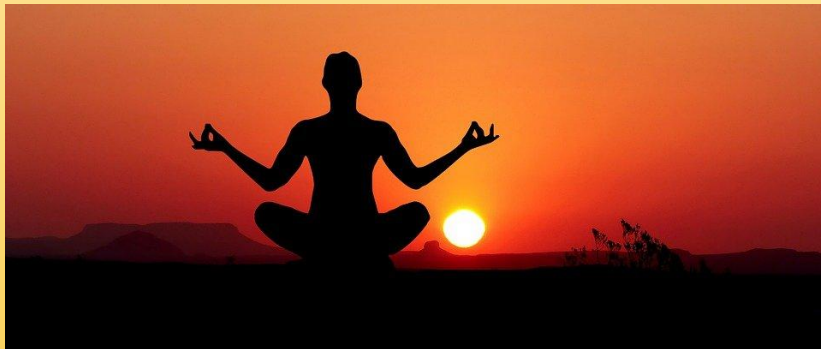
During this Zoom workshop we will not only be exploring how compassion fatigue and burnout impact our work and interactions with students, parents, other staff, and our own families, but we will be spending time practicing various self-care strategies (like gratitude journaling and other mindfulness practices) we can use moving forward.

Date: Friday October 23, 2020
Time: 1pm-2:30pm
Location: Zoom
Target Audience: Anyone
To Register: Email canielewicz@prn.bc.ca to receive the Zoom invite

Facilitated by Crystal Anielewicz, BA, BEd, MEd, CCC

About the Facilitator: Crystal is a Canadian Certified Counsellor and opened her counselling practice in 2013. Before coming to Fort St. John in 2019, she worked in the school system in Vancouver, lived and worked in an isolated indigenous community near the BC/Alaskan border and provided counselling support to children in Chetwynd and Tumbler Ridge. In addition to private counselling, Crystal currently works as a SEL, behaviour support and learning assistance teacher, Indigenous Transition Coach and school counsellor for SD66. She has also been involved in several other community support positions, including starting the Peace Positive Parenting initiative with SD66 in Fort St. John.

- Year long free access to weekly Yoga sessions (2 times per week)
- Offered staff wellbeing sessions (NID)
- Deepening the understanding of adult SEL, with professional development for administrators, teachers and support staff



SD60 District Report 2020/2021 (Gr 7)

Combining select measures from the MDI helps us paint a more comprehensive portrait of children's overall well-being and the assets that contribute to their healthy development. The results for key MDI measures are summarized by two indices. This section of the report focuses on results for the Well-Being Index and the Assets Index. Learn more about the important relationship between individual measures, the well-being index and the assets index in the [Discover MDI Field Guide \(https://www.discovermdi.ca/010c-10-mdi-dimensions-and-indices/\)](https://www.discovermdi.ca/010c-10-mdi-dimensions-and-indices/).

WELL-BEING INDEX

The Well-Being Index combines MDI measures relating to children's physical health and social and emotional development that are of critical importance during the middle years. These are: Optimism, Happiness, Self-Esteem, Absence of Sadness and General Health.

Scores from these five measures are combined and reported by three categories of well-being, providing a holistic summary of children's mental and physical health.

MEASURES
Optimism
Happiness
Self-Esteem
Absence of Sadness
General Health



High Well-Being (Thriving)
Children who score in the high range on at least 4 of the 5 measures of well-being and have no low-range scores.

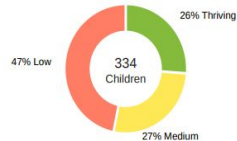


Medium Well-Being
Children who score in the high range on fewer than 4 of the 5 measures of well-being, and have no low-range scores.

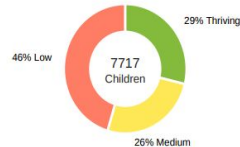


Low Well-Being
Children who score in the low range on at least 1 of the 5 measures of well-being.

PEACE RIVER NORTH



ALL PARTICIPATING DISTRICTS



Middle Years Development Instrument (MDI)

- MDI is a self report questionnaire
- Strength based approach to assess five areas of development linked to well-being, health and academic achievement
 - Social Emotional Development
 - Physical Health and Well-Being
 - Connectedness
 - Use of After School Time
 - School Experience
- Participating Schools
 - Dr. Kearney
 - Bert Bowes
 - Clearview
 - Hudson Hope
 - Prespatou

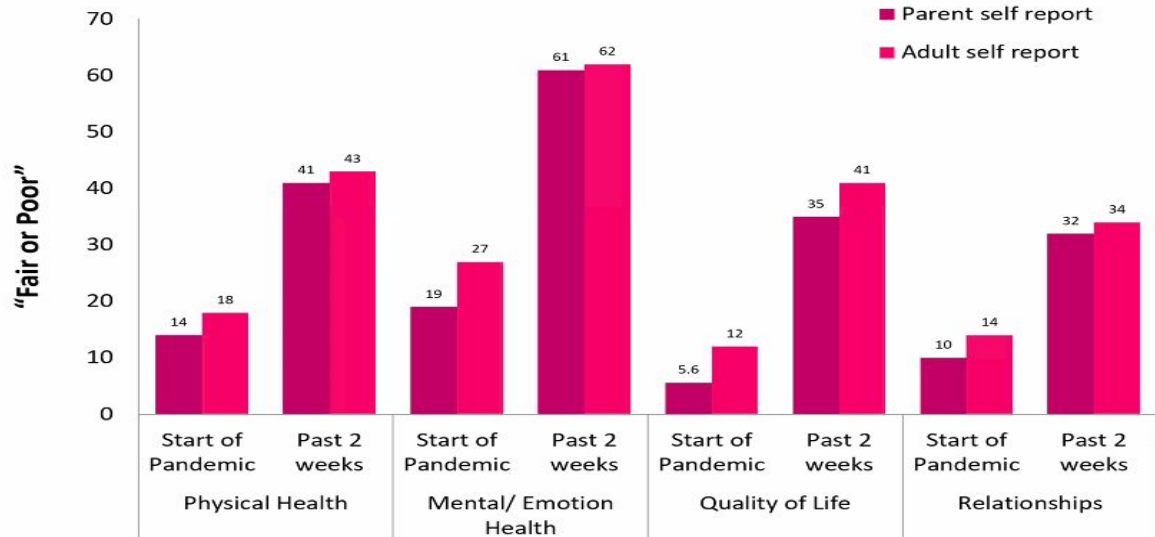
[Middle Years Development Instrument \(MDI\)](#)

Looking Ahead - Data (Youth Development Instrument - YDI)



Looking Ahead - Data (Adult Welling)

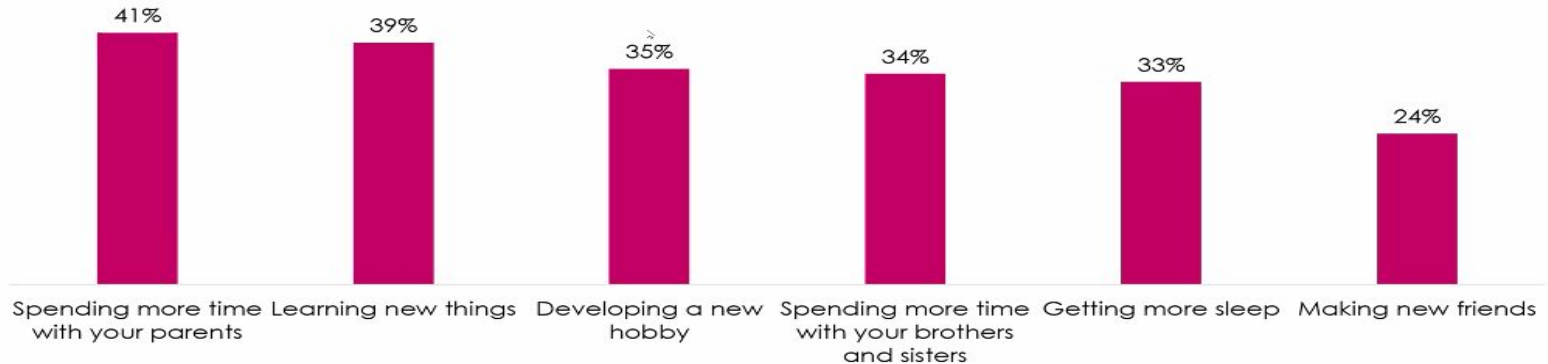
Adult Outcomes in Fair-> Poor Range: Since COVID onset and Past 2 Weeks



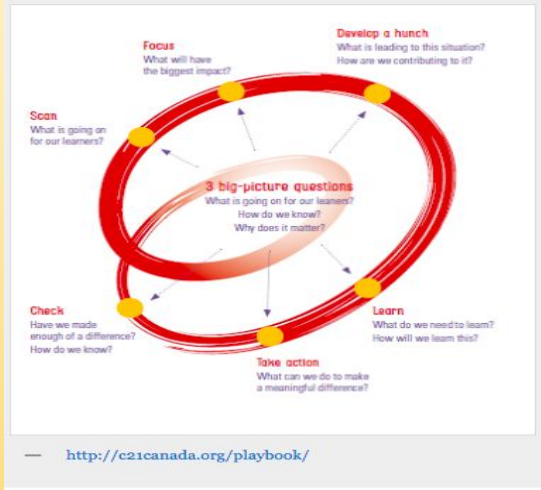
Looking Ahead - Data

Positive changes related to COVID-19

Has the COVID-19 crisis in your area led to any positive changes in your life?



Looking Ahead



SEL

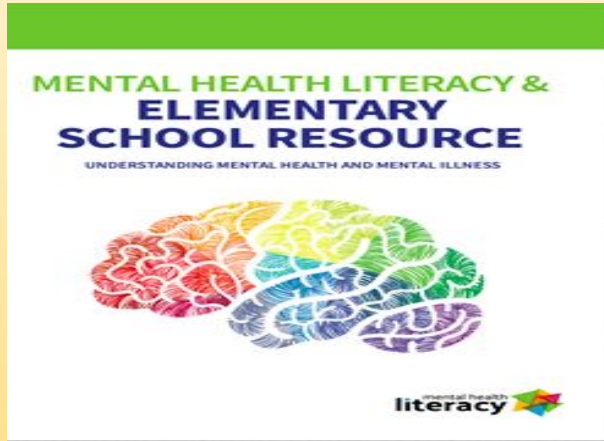
- Deepen understanding of embedding SEL in the classroom and schoolwide level via the inquiry process and school based SEL teams
- Continue building on the learning from Dr. Jody Carrington (Kids These Days) by providing more school based access to this learning.
- Aligning our incident reports with the SEL core competencies.
- Engaging in learning and inquiry around how we support designated behaviour coded students and those that present with difficult behaviour. Plans to collaborate with Learning Services being developed (District SEL lead and school Psychologist)

Looking Ahead - Adult SEL

Parenting Sessions for the 2021/2022 School Year

- Preparing for Back to School (school processes,self-care,mindfulness)
- Dealing with Separation Anxiety
- Distress Tolerance - How We Can Help Our Children Build Resilience
- Proactive/Assertive Communication Skills
- Mental Health Literacy

Looking Ahead



Mental Health Literacy



We Need to Know

MENTAL HEALTH LITERACY MEANS HAVING MENTAL HEALTH EDUCATION

Mental Health Literacy

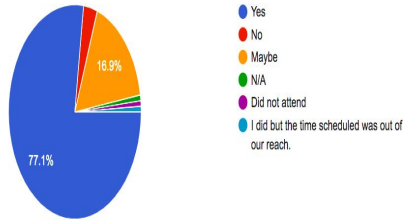
- Next year we plan to pilot the Elementary Curriculum in multiple grade 6 classrooms, starting Feb. 2022 with rollout in 2023.
- District long term goal is to train as many teachers and support staff in the Go to Educator training to further reduce stigma, increase confidence in understanding mental health and support students in early identification and understanding.

Looking Ahead...

Staff Wellness

Based on your experience, would you encourage a colleague to attend a staff wellness session?

118 responses



- Next year we plan to create a wellness committee, made up of school district staff, to focus on taking a deep look at teacher wellness and how to support this across the district and at a school level.

Thank you for you time today.

Baldonnel Framework

2020/2021

Baldonnel Elementary School Context

At the heart of Baldonnel Elementary School is the **vision of working together to create a community that awakens a desire for lifelong learning**. Students are the focal point of everything we do and decisions are based around the core question “**Is this good for kids?**” All staff work collaboratively and take responsibility for the learning and safety, both physical and emotional, of every member of our school community. We embrace the strengths of each individual and our school-based teams work together to determine a plan of support when this is required to ensure students are successful.

Baldonnel Elementary Planning Day

Planning Day was a collaboration between all of the staff. Together as a group, we looked over each of our framework goals to decide if that particular plan was still what we wanted. Stations were set up and in small groups, staff went through each of the stations to view the previous goals, data, and what changes we wanted to make. Staff made note of what was still relevant and added what was needed. After that we got back together as a larger group to discuss our framework and the direction we wanted to go.

Our goals for 2020-2021:

- Social Responsibility Goal: build connections
- Intellectual Development goal: Focus on Reading and Literacy.
- Career and ADST Skills: experiences and opportunities

**Our vision: All students
will make progress and
reach their potential in
learning.**



Learning Support Fund

The LSF was used in a variety of ways: We hired Cathy Cooper to do a .2 Reading Support for the school. Also we gave 1 hour a day of EA time to the secretary. Her time was spent mostly with the grade 1 and 2 students going over chunk cards and home reading. We were able to provide the extra support and practice for students to help them reach their reading potential.

We did need some EA support for a student with Autism. We also used funds for Math Coaching for all classrooms provided by Barb Wagner.

{Stop and Show: Data collected and program overview.}

Indigenous Students

Each teacher is committed to supporting Indigenous students as well as Indigenous worldviews and perspectives. Teachers are working hard to include these worldviews and perspective in their lessons. All students have participated in various activities: red dress activity, honouring the Kamloops children, student have completed indigenous art projects: indigenous painters and recreating works of art, button blankets, homes, orange shirt day, and much more, very inclusive throughout the year. ISW very involved.

Library: once a month Indigenous stories.

Assembly: Sharing information about our local Indigenous people.

Celebrations

Our school works hard to build community and to celebrate and acknowledge success. We share successes in our newsletter, bulletin boards, pre COVID (assemblies), over announcements, sharing with buddies, FaceBook etc. We also have had celebrations to acknowledge the staff and their dedication.

Communication Plan



Facebook [link](#) → have a look here for all the wonderful pictures of Baldonnel People learning & growing